


DALLAS MEDITATION CENTER ONE DHARMA

May 2014

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>DMC Office Hours: Mondays – Thursdays 11:00 am - 4:00 pm (972) 432-7871 727 S. Floyd Rd., Richardson, TX 75080 DallasMeditationCenter.com</p>	<p><i>Director:</i> Brother ChiSing</p> <p><i>Assistant:</i> Bobbie Perkins</p> <p><i>Communications:</i> Cornell Kinderknecht</p>		<p>DMC 4th Anniversary Month</p>	<p>1</p> <p>12:00-12:45p ZEN-to-Go 6:00-6:45p ZEN-to-Go 7:00-8:15p YOGA - Andy 7:00-9:00p - BUDDHIST Studies - Tashi</p>	<p>2</p> <p>7:00p DRUM Circle - Dorayne</p>	<p>3</p> <p>9:00a-12:30p YOGA & MEDITATION Retreat</p>
<p>4</p> <p>2:30-4:45p - Meditación ESPANOL - Tashi 5:00-7:00p AWAKENING HEART Meditation service Tashi Nyima - "Refuge & Renewal & Blessing"</p>	<p>5</p> <p>12:00-12:45p ZEN-to-Go 2:00-3:15p YOGA - Andy 6:00-7:00p TAI CHI - Janna 7:30-8:30p QIGONG - Janna 7:30-9p MINDFUL Mondays</p>	<p>6</p> <p>12:00-12:45p ZEN-to-Go 7:00-9:00p YOUNG ADULTS (20's & 30's) Meditation</p>	<p>7</p> <p>9:00-10:00a TAI CHI - Janna 12:00-12:45p ZEN-to-Go 2:00-3:15p YOGA - Andy 7:30-8:30p INSPIRED Meditation - Jyoti 7:30-9:00p INTERBEING Sangha</p>	<p>8</p> <p>12:00-12:45p ZEN-to-Go 6:00-6:45p ZEN-to-Go 7:00-8:15p YOGA - Andy 7:00-9:00p - BUDDHIST Studies - Tashi</p>	<p>9</p> <p>7:30-9:00pm Crystal BOWL Healing Meditation - Brian</p>	<p>10</p> <p>10:00a-12:30p REIKI 2-5p FREE Meditation Retreat - Br. ChiSing 5:00-9:00p FLUTE CIRCLE</p>
<p>11 <i>Mother's Day</i></p> <p>2:30-4:45p - Meditación ESPANOL - Tashi 5:00-7:00p AWAKENING HEART Meditation service Terry Cortes-Vega - "The Heart of Enlightenment"</p>	<p>12</p> <p>12:00-12:45p ZEN-to-Go 2:00-3:15p YOGA - Andy 6:00-7:00p TAI CHI - Janna 7:30-8:30p QIGONG - Janna 7:30-9p MINDFUL Mondays</p>	<p>13</p> <p>12:00-12:45p ZEN-to-Go 2:00-3:00p Gentle YOGA - Roya 7:00-9:00p YOUNG ADULTS (20's & 30's) Meditation</p>	<p>14 <i>Full Moon</i></p> <p>9:00-10:00a TAI CHI - Janna 12:00-12:45p ZEN-to-Go 2:00-3:15p YOGA - Andy 7:30-8:30p INSPIRED Meditation - Jyoti 7:30-9:00p INTERBEING Sangha</p>	<p>15</p> <p>12:00-12:45p ZEN-to-Go 6:00-6:45p ZEN-to-Go 7:00-8:15p YOGA - Andy 7:00-9:00p - BUDDHIST Studies - Tashi 7:00-9:00p Divorceless Relationships - Book Night</p>	<p>16</p> <p>7:30-9p Lotus HEALING Assembly -Tashi</p>	<p>17</p> <p>2:30-5:00p Hemi-Sync Meditation - Luis 6:00-8:00p CLEARING NIGHT - Money, Business, Body and Relationships - Lona & Tricia</p>
<p>18 <i>WESAK & DMC 4th Anniversary Celebration</i></p> <p>5:00-7:00p AWAKENING HEART Meditation service Br. ChiSing - "Buddha's Birthday Enlightenment and Great Nirvana" + Music 7:00p Potluck Dinner</p>	<p>19</p> <p>12:00-12:45p ZEN-to-Go 2:00-3:15p YOGA - Andy 6:00-7:00p TAI CHI - Janna 7:30-8:30p QIGONG - Janna 7:30-9p MINDFUL Mondays</p>	<p>20</p> <p>12:00-12:45p ZEN-to-Go 2:00-3:00p Gentle YOGA - Roya 7:00-9:00p YOUNG ADULTS (20's & 30's) Meditation</p>	<p>21</p> <p>9:00-10:00a TAI CHI - Janna 12:00-12:45p ZEN-to-Go 2:00-3:15p YOGA - Andy 7:30-8:30p INSPIRED Meditation - Jyoti 7:30-9:00p INTERBEING Sangha</p>	<p>22</p> <p>12:00-12:45p ZEN-to-Go 6:00-6:45p ZEN-to-Go 7:00-8:15p YOGA - Andy 7:00-9:00p - BUDDHIST Studies - Tashi 7-9p BARs Gifting and Receiving - Lona & Tricia</p>	<p>23</p> <p>Your Event Could Go Here</p>	<p>24</p> <p>Your Event Could Go Here 7:30-9p CHANNELING "Jacob" - Bobbie</p>
<p>25</p> <p>2:30-4:45p - Meditación ESPANOL - Tashi 5:00-7:00p AWAKENING HEART Meditation service Br. ChiSing - "Healing Prayers of Enlightenment" 7:30-9p - TaKeTiNa (4th Sundays) - Michael</p>	<p>26 <i>Memorial Day</i></p> <p>12:00-12:45p ZEN-to-Go 2:00-3:15p YOGA - Andy 6:00-7:00p TAI CHI - Janna 7:30-8:30p QIGONG - Janna 7:30-9p MINDFUL Mondays</p>	<p>27</p> <p>12:00-12:45p ZEN-to-Go 2:00-3:00p Gentle YOGA - Roya 7:00-9:00p YOUNG ADULTS (20's & 30's) Meditation</p>	<p>28 <i>New Moon</i></p> <p>9:00-10:00a TAI CHI - Janna 12:00-12:45p ZEN-to-Go 2:00-3:15p YOGA - Andy 7:30-8:30p INSPIRED Meditation - Jyoti 7:30-9:00p INTERBEING Sangha</p>	<p>29</p> <p>12:00-12:45p ZEN-to-Go 6:00-6:45p ZEN-to-Go 7:00-8:15p YOGA - Andy 7:00-9:00p - BUDDHIST Studies - Tashi</p>	<p>30</p> <p>Your Event Could Go Here</p>	<p>31</p> <p>Your Event Could Go Here 2:00-4:00p Touching the Earth - Bobbie & Cornell</p>