

Awakening Heart

COMMUNITY OF MINDFUL LIVING

“Renewal” Month

+ August 2009 +

SUNDAYS 5:30 PM - 7:30 PM
@ UNITY CHURCH OF DALLAS

* August 16 **“The ZEN of Renewal”** *
Special ZEN Evening (*see back for flyer*)
Speaker: Zen Master KOSHO
Music: Michael Gott
Facilitators: Brother ChiSing, etc.
ASL interpretation for the deaf provided

August 23 **“The FLOW of Renewal”**
Mindful Movement and the Body of Bliss
Speaker: Monica Blossom
Music: Shelly Niebuhr
Facilitators: members

* August 30 **“The BLESSING of Renewal”** *
Blessing Ceremony (*ChiSing’s Birthday*)
Speaker: Brother ChiSing
Music: Gary Floyd
Facilitators: Brother ChiSing, etc.
+ Potluck Dinner @ 7:30 pm

TUESDAYS 7:00 PM - 9:00 PM
@ UNITY CHURCH IN GRAPEVINE

August 11: *Brother ChiSing facilitating*
August 18: *Brother ChiSing facilitating*
August 25: *members facilitating*

Upcoming FALL Events with Brother ChiSing

FREE Half-Day Retreat for sangha members on leadership and community-building
@ Unity Church of Dallas
(Saturday, August 29, 9 am - 1 pm, w/ lunch)

9-09-09 “AbunDance” Ritual
@ Unity Church of Dallas
(Wednesday, September 9, 7:09 pm - 9:09 pm)

THE ART OF HAPPINESS, Enlightenment & Manifestation
@ Community Unitarian Universalist Church in Plano, Texas
(10-week class on Wednesday evenings starting on September 16 - November 18, 7-9 pm, facilitated by Brother ChiSing)

DAY of MINDFULNESS Retreat
@ Unity Church in Grapevine
Saturday, September 26, 9 am - 5 pm

Buy Brother ChiSing’s new music CD –
“AWAKENING HEART: Music for Spiritual Living”
\$15-\$25 (*low income/students: \$5-\$15*)

WWW.AWAKENINGHEART.ORG



Zen Mind, Beginner's Mind

A SPECIAL EVENING WITH ZEN TEACHER KOSHO McCALL
of the Soto Zen Lineage of Zen Master Shunryu Suzuki of the San Francisco Zen Center

Sunday, August 16, 5:30 PM - 7:30 PM
(doors open at 5:00 PM . . . \$5 - \$25 suggested donation)



KOSHO McCALL is a Soto Zen Buddhist Priest and Teacher who received Dharma Transmission in the lineage of Zen Master Shunryu Suzuki in 2003. He was born in Rochester, Indiana, and graduated from the University of Maine in 1970 and received a M.Div. in 1976 from General Seminary. He was ordained as an Episcopal priest in 1976 and served as a priest at the Cathedral in Portland, Maine, and in other parishes from 1974-1988. He also had a private counseling practice in pastoral psychology from 1985-1988, and he has training in conflict resolution. He came to San Francisco in 1988 and served until 1992 as a priest at Grace Cathedral and other parishes.

In 1995, he joined the San Francisco Zen Center. He became a Buddhist priest and served as Head of Practice at the Tassajara Zen Mountain Center in 1997. In May 2009, he moved to Texas and is now the Head Teacher at the Austin Zen Center.

Sponsored by: **AWAKENING HEART Community of Mindful Living**
Facilitated by: **Brother ChiSing** (*ordained disciple of Thich Nhat Hanh*)
Music by: Michael Gott

** ASL interpretation for the deaf will be provided*

Location: **UNITY CHURCH OF DALLAS**
6525 Forest Lane
(between Preston Rd. & Hillcrest Rd.)
Dallas, Texas 75230

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